# CASA Seminar: 1<sup>st</sup> November 2006

## CAPABLE Project: Tracking Children from Home to School and Back

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#### The research

Children's **Activities** Perceptions And Behaviour in the Local Environment



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#### CAPABLE

- Funded by EPSRC for 29 months from August 2004
- Joint project between CTS, CASA, Bartlett School and Psychology Department at UCL
- Approach:
  - Develop research tools to investigate children's spatial behaviour, perceptions and relationship networks, and parental attitudes
  - Analyse how children use open spaces
  - Develop new models of children's outdoor movement patterns



#### The research tools

- Monitoring children's travel and activity patterns:
  - Motion sensors (RT3s)
  - ➤ Diaries
  - GPS monitors
- Body composition measurement
- Questionnaires surveys of children and their parents, carried out through schools
- Interviews with parents and with children, including mapping exercises
- Children's drawing and mapping exercises
- Cameras
- Spatial reasoning tests



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#### The RT3 motion sensor







#### An example output from an RT3





#### A child's travel and activity diary





## **The GPS equipment**



# **GPS** monitors GPS traces of 30 children (4 days)







#### **The Garmin Rangers**





#### Linking the GPS and activity data





#### Map annotation exercises

- Children are asked to mark on maps places of significance to them
- These can be interpreted directly or used in an interview



#### Map annotation exercise





## Map drawing

- Used to obtain information from children about their perceptions and interpretation of the world about them
- Differences may arise between child who walk a lot and those who mainly travel by car
- There may be differences in cognitive development between children in these two groups



#### Analysis of children's maps

#### Area maps

#### Route maps







#### **Classifying Maps**





#### **Low Element Example**





#### **High Element Example**



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# Area maps for children who travel to school by different modes

#### Walks to school

Driven to school





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#### **Example of Accuracy Analysis**





#### **Fit and Distortion Index**





#### **Results for Accuracy**

	Ν	Mean	SD
Car usually used for the journey to school	31	51.7	22.6
Other mode usually used for the journey to school	28	41.0	18.9
Male	32	44.7	19.6
Female	27	48.9	23.5
Year 4	28	47.4	20.1
Year 6	31	45.9	22.8
Overall	59	46.6	21.4

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#### The study area - Cheshunt, Herts





#### The children in the sample

	Boys	Girls	Total
Year 4 (aged 8-9)	25	32	57
Year 5 (aged 9-10)	33	36	69
Year 6 (aged 10-11)	16	20	36
Total	74	88	162



#### The events that children walk to (%)

- School is the main event that children walk to.
- Shopping etc is the next most popular, especially for girls.
- Boys tend to walk to after-school clubs.



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#### Percentage of trips to events that were walked

- 36% of the children's trips were walked.
- Girls walked to more events than boys.



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#### Intensity of walking to events (in 10<sup>-2</sup> activity calories per kg of body weight)

- Boys use more energy than girls when walking.
- Walking to school tends to be the more intensive type of walking.
- But, boys tend to walk even more intensively when walking to clubs.
- Walking to play tends to be the least intensive.





#### Intensity of walking to events (in 10<sup>-2</sup> activity calories per kg of body weight)



#### Accompanied by an adult



## 

#### What can the GPS traces of children tell us?

- •How children choose their route to school
- •Where children go without adults
- •Where children go on foot
- •Where children play or be active

Are there any environmental factors that influence children's spatial movement?









#### Route to school (by car)

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#### **Route to school (on foot)**

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#### Route to school (on foot) – avoid roads with traffic – UCL







#### **Children use non-roads**

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Local streets

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#### The location of unstructured activities (play)



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#### Physical activity levels walking home from school



#### **Ongoing analyses**

#### Influence of Socio-economic characteristics of the neighbourhood area

•Parental attitudes towards children's autonomy

Location of relatives and friends' house

Location of playgrounds and shops

•Relationship between the size of children's activity areas and how they travel to school

•Relationship between the land-use of children's local area and their choice of transport mode

and many more...



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#### Thank you

CAPABLE project website

#### http://www.casa.ucl.ac.uk/capableproject/